

# September 2020

## Wellness Activity Calendar FLETC Glynco

Questions? Please Call (912) 267-2262 or Email [FLETC-Wellness@FLETC.DHS.GOV](mailto:FLETC-Wellness@FLETC.DHS.GOV)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 mPEAK 1:00p-4:00p. eFLETC. Registration Closed.	2	3	4	5
6	7 Labor Day	8 mPEAK 1:00p-4:00p. eFLETC. Registration Closed.	9 Mindfulness Practice for Wellness. 1:00p- 1:30p. MS Teams.	10	11	12
13	14 mPEAK 1:00p-4:00p. eFLETC. Registration Closed.	15	16	17	18	19
20	21	22 mPEAK 1:00p-4:00p. eFLETC. Registration Closed.	23	24	25	26
27	28	29 mPEAK 1:00p-4:00p. eFLETC. Registration Closed.	30 Mindfulness Practice for Wellness. 1:00p- 1:30p. MS Teams.	1	2	3
4	5	Notes				