

CISM

Critical Incident Stress Management

 PeerSupportProgram

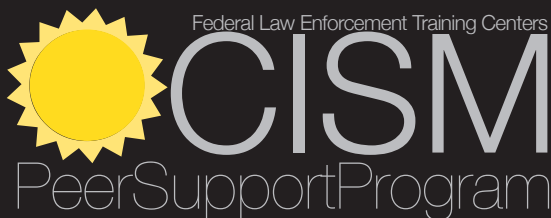
A FEDERAL LAW ENFORCEMENT TRAINING CENTER PROGRAM

FLETC/CRITICAL INCIDENT STRESS MANAGEMENT PROGRAM

When requesting services, most people contact our office directly by calling one of our staff members. You may ask to be referred to CISM/PSP services by your supervisor, class coordinator, Health Unit personnel or your Agencies Peer Support Team. The Professional Counseling Staff are on call 24 hours-a-day,

seven days a week. Each FLETC training site also has trained Peer Supporters who are available to you. They are specially trained and familiar with resources unique to your community and can refer you for help, if needed.

CISM
FLETC Glynco
912.267.2633
316 Command Circle
1131 Chapel Crossing Rd.
Glynco, GA 31524
email: cism@dhs.gov



Confidential. Compassionate.

available at all FLETC sites
912.267.2633
1.877.235.7337

CONFIDENTIAL AND TRUSTED



Critical Incident Stress Management

- Stress Management
- Military/Veteran Specific Services
- Traumatic Incident Management
- Employee Assistance Program
- Crisis Intervention
- Critical Incident Debriefings
- Community Resource Referrals

A FEDERAL LAW ENFORCEMENT TRAINING CENTER PROGRAM

CISM

**Critical
Incident
Stress
Management**
PeerSupportProgram

The Critical Incident Stress Management/Peer Support Program supports FLETC mission by providing confidential and comprehensive services by Fully Licensed Clinicians and trained Peer Supporters to FLETC and Partner Organization staff, students, and families in order to promote mental, physical, emotional, social and spiritual wellness.

FLETC CISM/PSP services:

PROGRAM

The FLETC CISM and Peer Support Program (PSP) provide assistance to individuals and families who are going through a stressful time in their lives. We understand that stressful events may be work related, family oriented, or a personal struggle.

CONFIDENTIAL

Information that you share with any CISM personnel is confidential. CISM is legally bound to protect the privacy of all individuals and their confidentiality. Your job will not be affected by requesting CISM services or referral assistance.

SERVICES AVAILABLE

- Peer Support
- General Stress Management
- Military/Veteran Specific Services
- Crisis Intervention
- Group Crisis Response
- Traumatic Incident Management
- Employee Assistance Counseling
- Chaplain
- AA & AI Anon Groups
- Needs Assessments
- Training and Wellness Programs
- Information and Referral to local and national services

AVAILABLE TO

- FLETC staff and families
- Partner organization staff and families
- Students and families

ISSUES

- General Anxiety
- Depression
- Work/Life Stress
- Academic Stress
- Adjustment Stress
- Marriage and Family
- Grief and Loss
- Trauma Reduction
- Victimization
- Substance Misuse/Abuse
- Any event that causes stress, anxiety or life imbalance

STAFF QUALIFICATIONS

All CISM staff are licensed and/or certified in their area of expertise.

SCOPE OF SERVICES

- Available 24 hours a day
- 365 days a year...at ALL FLETC Training Sites

CALL

912.267.2633
or
877.235.7337 (PEER)

