FLETCCRITICAL INCIDENT STRESS MANAGEMENT PROGRAM
Welcome to the Federal Law Enforcement Training Center Critical Incident Stress Management Program. You can request services in several ways. One of the most convenient is to use the QR code below with your smart phone to submit a brief form to the CISM Counseling Service Portal and a staff member from the CISM office will contact you.

Another way to contact CISM is to use the phone numbers listed below to reach out to our office directly. You may also ask to be referred to CISM services by your supervisor, class coordinator, Health Unit personnel or your agency’s representative. The Professional Counseling Staff are on call 24 hours-a-day, seven days a week. Each FLETc training site also has trained Peer Supporters who are available to you. They are specially trained and familiar with resources unique to your community and can refer you for help, if needed.

CONTACT
912.267.2633
(FLETc Glynco)
877.235.7337
(24 hr Psychological Crisis Line)

OTHER RESOURCES
DHS/COLUMBIA PROTOCOL APP. FOR SUICIDE PREVENTION
USING THE COLUMBIA PROTOCOL

OR CLICK ON THESE LINKS:
-CISM COUNSELING SERVICE PORTAL
-DHS/COLUMBIA PROTOCOL
-USING THE COLUMBIA PROTOCOL
HOW CISM HELPS YOU
The Critical Incident Stress Management Program supports the FLETC mission by providing confidential and comprehensive services by Fully Licensed Clinicians to FLETC and Participating Organizational Staff, students, and families to promote mental, physical, emotional, social and spiritual wellness. The FLETC CISM Program provides assistance to individuals and families who are going through a stressful time in their lives. We understand that stressful events may be work related, family oriented, or a personal struggle.

CONFIDENTIAL
Information that you share with CISM personnel is confidential. CISM is legally bound to protect the privacy of all individuals and their confidentiality.

PROGRAMS & SERVICES
- Information and referral to local and national services.
- General Stress Management
- Military/Veteran Specific Services
- Crisis Intervention
- Group Crisis Response
- Traumatic Incident Management
- Employee Assistance Information and referral
- Referrals
- Needs Assessments
- Training and Wellness

ISSUES
- General Anxiety
- Depression
- Work/Life Stress
- Academic Stress
- Adjustment Stress
- Marriage and Family
- Grief and Loss
- Trauma Reduction
- Victimization
- Substance Misuse/Abuse
- Any event that causes stress, anxiety, or life imbalance

STAFF QUALIFICATIONS
CISM specialists are fully licensed clinicians.

SCOPE OF SERVICES
- Available 24 hours a day
- 365 days a year

CONTACT INFO:
Main Office Number: 912.263.2633
CISM 24-hour Psychological Crisis Line: 1.877.235.7337

THE MOMENT YOU NEED HELP REACH OUT TO US

AVAILABLE TO
- FLETC staff and families
- Partner organization staff and families
- Students and families

CISM COUNSELING SERVICE PORTAL

Federal Law Enforcement Training Centers
CISM Confidential. Compassionate.