

# Federal Law Enforcement Training Centers **Employee/Family** Support Services 0

A road map to assist FLETC employees and families navigating difficult circumstances.

Federal Employees Retirement System

Thrift Savings Plan

**Employee Assistance** Program

**Counseling Services** Program

**TSP** 





Version 1.5



Employees experiencing long term illness, incapacitation, and/or death can require unique or specialized support. The Federal Law Enforcement Training Centers (FLETC) is dedicated to providing employee and family support services in the event of a family crisis.

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## Preparing your Family in the Event of a Crisis

Several programs may provide survivor benefits to your family and loved ones in the event of your incapacitation or death.

In preparing your family for a traumatic event or crisis to the family, the FLETC Human Capital Office (HCO) encourages you to keep your <u>designation of beneficiary forms</u> up-to-date for the following:

> Federal Employees Retirement System (FERS) Thrift Savings Plan (TSP) Federal Employees Group Life Insurance (FEGLI) **Unpaid Compensation**

**Note:** You may update theses forms by accessing the hyperlink above.

If there is no designation of beneficiary forms on file in your eOPF, survivor benefits will be paid based on a statutory order of precedence. You may view the <u>order of precedence</u> at the hyperlink provided.

In advance of such an event, please be mindful of your family and loved ones. The last updated beneficiary form will be found in your eOPF. This will be the form that is used by HCO for the surviving family member(s).

unfortunate event:

**2.** Provide your family members with the name and phone number of your immediate supervisor.

**3.** Make sure your family members know the location of important documents such as your:

> Living Will Will Copy of current designation of beneficiary form; **FEHB Election FEGLI Election** Current bank information Any financial documents needed in the event of an emergency Copy of a Power of Attorney designation

**Best Practice:** Secure important document in a safe or fire-proof

container.

You should also be sure to do the following in preparation of an

**1.** Make sure your Emergency Contacts Information is up to date with your immediate supervisor.



If you are reviewing this information as a sur of a Federal Law Enforcement Training Center offers its deepest condolences to you and yo

We realize this is a difficult time. Therefore, the terms of te intended to help alleviate your concerns and information that you will receive in a more p the FLETC Human Capital Office (HCO) Emple

It's likely FLETC HCO has already reached out designated beneficiary for your loved one. I should know that the HCO Benefits Team wil convenience to walk you through preparing will be used to provide eligible survivor bene

- 1. HCO Benefits Team Contact Info. Phone: (912) 267-2289 Email: #FLETC-HCO WRB@FLETC.DHS
  - a. Your information will be request **Benefits Specialist**
  - **b.** In preparing for the call with the please have your loved one's dat Power of Attorney if you are not beneficiary for your loved one).

rviving family member ers employee, FLETC our family.	<b>c.</b> When ava need the
this information is only d make you aware of	Thr Cer
personal contact from loyee's Benefits Team.	Cer (if a
ut to you or the In either case, you fill be available at your	Cer (if a
g the documents that hefits.	<ol> <li>You will be cont explain eligible</li> </ol>
	<b>3.</b> The Benefits Spe documents for t
S.gov	
ted by a FLETC	<b>4.</b> See <b>Surviving</b> Section 3, for inf psychological, e
e Benefits Specialist, ate of death (and ot the designated	

ailable the Benefits Specialist will initially e following:

ree (3) copies of the Certified Death rtificate

rtified copy of the marriage certificate applicable)

rtified copy of the Divorce Decree applicable)

tacted by the assigned Benefits Specialist to benefits.

becialist will provide the necessary the Suvivor's Benefit package.

## Family Members Assistance Programs,

nformation on programs specific to emotional, physical, and spiritual wellness.



### **Counseling Services Program (CSP)**

The CSP supports the psychological, emotional, physical, and spiritual wellness of staff, students and their families by offering a comprehensive Counseling Services Program (CSP).

## **CSP Contact Info.**

Main Office (912) 267-2633 **1 (877) 235-7337** (24 hours-a-day)

#### **Employee Assistance Program (EAP)**

The Employee Assistance Program provides an array of services to employees and their family members. The services provided can help to address and work through any personal or workplace challenges.

#### **EAP Contact Info.**

<u>1 (844) 725-7619</u> (24 hours-a-day)

#### **Peer Support Program (PSP)**

The PSP is a comprehensive, needs-based response for individuals and groups experiencing personal and/or professional distress. The purpose is to mitigate the harmful effects of stress for those seeking assistance in coping with life's adjustments.

**PSP Contact Info.** (912) 261-4504









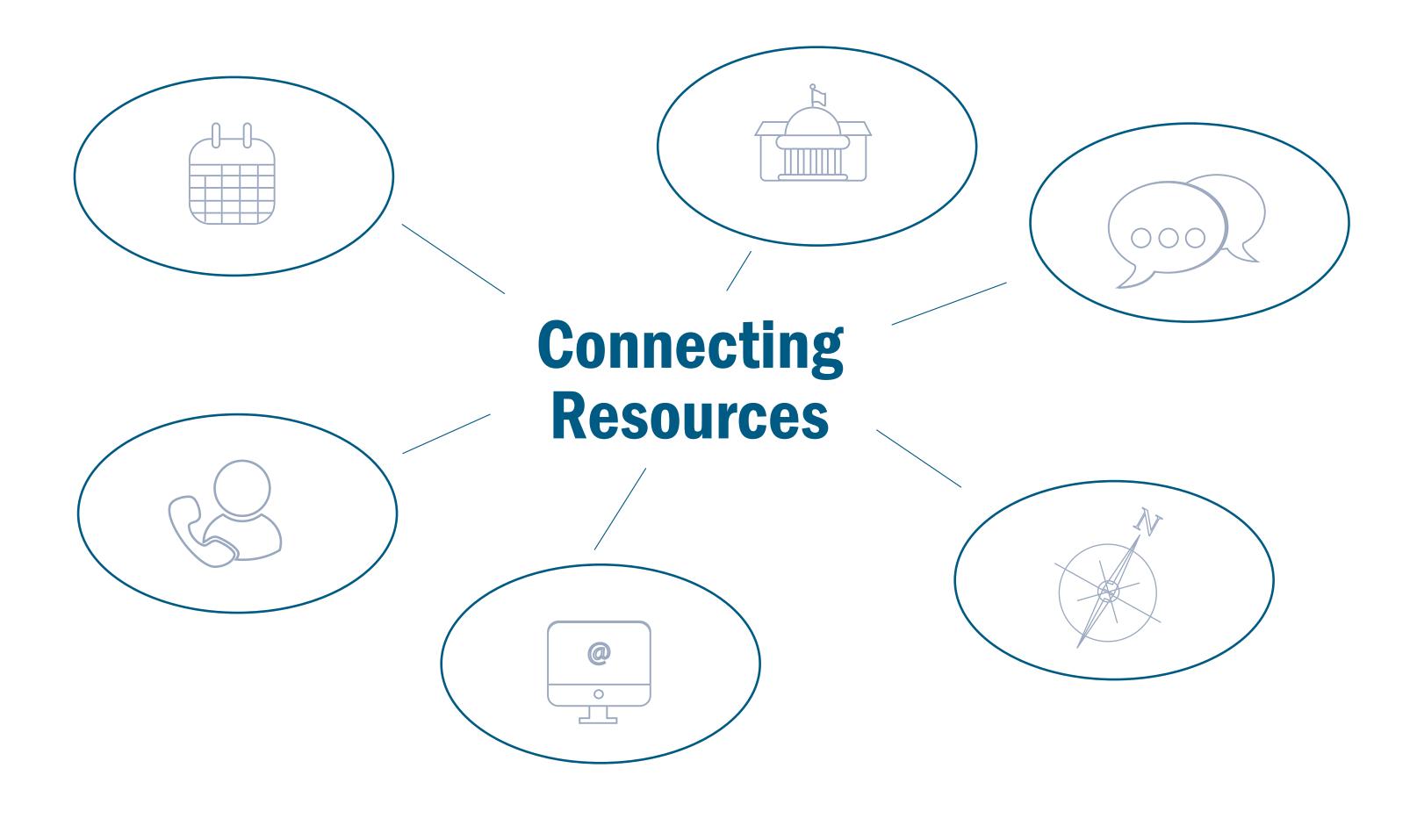
The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves. Veterans Benefits Administration Primary Contact: <u>1(800) 827-1000</u>

# Conclusion

FLETC recognizes the challenges that our employees and their families can face. The very essence of the mission at FLETC comes from understanding the needs of our employees and family members. The information and services outlined above are here specifically to serve our employees and family members with genuine care and concern.



Headquarters - Glynco Center 1131 Chapel Crossing Road Glynco, GA 31524 (912) 267-2100

Charleston Center 2000 Bainbridge Avenue North Charleston, SC 29405 (843) 566-8551





Artesia Center 1300 W. Richey Avenue Artesia, NM 88210 (575) 748-8000

Cheltenham Center 9000 Commo Road Cheltenham, MD 20588 (301) 868-5830