SUNDAY DINNER

MONDAY DINNER

ENTRÉES

POLISH SAUSAGE \$1.80 VEGETABLE SPAGHETTI \$1.45 PICADILLO \$1.80 **SOUTHWESTERN CHICKEN \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes spanish rice broccoli cabbage vegetable medley corn sauerkraut



ENTRÉES

FETTUCCINE ALFREDO \$1.45 CHICKEN POT PIE \$1.80 **COUNTRY STYLE STEAK \$1.80 BAKED FISH \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes white rice corn green peas stewed tomatoes zucchini assorted vegetables

MONDAY LUNCH

TUESDAY LUNCH

WEDNESDAY LUNCH

THURSDAY LUNCH

ENTRÉES

ENTRÉES

ENTRÉES

ENTRÉES

ENTRÉES

GR.CHILE CHICKEN ENCHILADA \$1.80

SWEET & SOUR CHICKEN \$1.80

VEGETABLE LINGUINE \$1.45

SMOTHERED BURRITOS \$1.80

CHICKEN FRIED STEAK \$1.80

GR. CHILE CHICKEN PASTA \$1.80 SAUTEED SAUSAGE & VEG. \$1.80

SPAGHETTI & MEATBALLS \$1.80

PORK CHOPS & ONIONS \$3.60

CRUSTED TILAPIA \$1.80

TAQUITOS \$1.80

POT ROAST \$2.70

CATFISH \$1.80

STUFFED PEPPERS \$1.80

SZECHWAN PORK \$1.80

BBO PORK RIBS \$1.80

SHRIMP BROCCOLI STIR FRY \$1.80 **SPRING ROLLS \$1.80** HAM CASSEROLE \$1.80 **CILANTRO CHICKEN \$1.80**

SIDES \$0.55/\$0.80

rice seasoned potatoes asparagus cauliflower fried okra oriental blend green beans

SIDES \$0.55/\$0.80

mexican rice

brussel sprouts

pinto beans

california blend

stewed tomatoes

scandinavian blend corn

SIDES \$0.55/\$0.80

mashed potatoes

rice

baked beans

green beans

broccoli

summer squash

assorted vegetables

SIDES \$0.55/\$0.80

mashed potatoes

rice primavera

ranch beans

corn

calabacitas

capri blend

broccoli & carrots

SIDES \$0.55/\$0.80

mexican rice

steak fries

frijoles charros

green beans

o'brien potaotes

zucchini & tomatoes

mixed vegetable

Artesia

Café **Hours**

Monday thru Saturday

Breakfast 6:00-8:00

Lunch

11:00-1:00

Dinner 4:30-7:15

SCAN ME

Sunday And **Federal Holidays**

Breakfast 7:00-9:00

Lunch 11:30-1:30

Dinner 5:30-7:30

ENTRÉES

CHICKEN PARMESAN \$1.80 **SAUSAGE & POTATOES \$1.80 SWISS STEAK \$1.80 JALAPENO RICE CASSEROLE \$1.45**

SIDES \$0.55/\$0.80

pasta parsley potatoes broccoli italian blend green beans squash beets

TUESDAY DINNER

ENTRÉES

CABBAGE ROLLS \$1.80 THAI CHILI CHICKEN \$1.80 **BEEF RAVIOLI \$1.80** HERB FISH \$1.80

SIDES \$0.55/\$0.80

stir fried rice au gratin potatoes corn stir fried vegetables cauliflower spinach zucchini

WEDNESDAY DINNER

ENTRÉES

RIB EYE \$7.15 COCONUT SHRIMP \$2.70 RAINBOW FRIED RICE \$1.80 TERIYAKI CHICKEN \$1.80

SIDES \$0.55/\$0.80

baked potato corn on the cob fried okra oriental blend green beans vegetable medley squash

THURSDAY DINNER

ENTRÉES

VEAL \$2.70 RED CHILE CHEESE ENCHILADA \$1.45 BAKED FISH \$1.80 **LOUISIANA CHICKEN \$1.80**

SIDES \$0.55/\$0.80

potato casserole spanish rice italian pasta carrots corn vegetable medlev green beans

FRIDAY DINNER

SATURDAY DINNER

ENTRÉES

BBQ SAUSAGE \$1.80 MEATLOAF W/ GRAVY \$1.80 **CHICKEN FRIED CHICKEN \$1.80 VEGETABLE LASAGNA \$1.45**

SIDES \$0.55/\$0.80

macaroni & cheese mashed potatoes cauliflower green beans steamed rice broccoli italian blend

SATURDAY LUNCH

FRIDAY LUNCH

ENTRÉES

CHICKEN STRIPS \$1.80 BBO BRISKET \$1.80 MEXICAN PORK STEAK \$3.60 SPAGHETTI & MARINARA \$1.45

SIDES \$0.55/\$0.80

mashed potatoes white rice corn baked beans sweet peas california blend spinach

MENU

ENTRÉES

POLLOCK TENDERS \$1.80 ITALIAN STYLE STEAK \$1.80 PEPPERONI PASTA \$1.80 **BBQ CHICKEN \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes brussel sprouts mixed squash corn ranch beans assorted vegetables stewed tomatoes

SUNDAY DINNER

ENTRÉES

SALISBURY STEAK \$1.80 BAKED TILAPIA \$1.80 BEEF RAVIOLI \$1.80 BAKED HAM \$1.80

SIDES \$0.55/\$0.80

mashed potatoes green bean casserole Broccoli sweet potato fries stewed tomatoes carrots

vegetable medley



FLETC

Artesia

Café

Hours

Monday

thru

Saturday

Breakfast

6:00-8:00

ENTRÉES

CABBAGE ROLLS \$1.80 **POLISH SAUSAGE \$1.80 TAQUITOS \$1.80** CHICKEN & SEASONED POTATOES \$1.80

SIDES \$0.55/\$0.80

spanish rice o'brien potatoes green beans sauerkraut zucchini cauliflower assorted vegetables

MONDAY LUNCH

ENTRÉES

VEAL PARMESAN \$2.70 TAMALES \$1.80 LASAGNA \$1.80 **CHICKEN RICE CASSEROLE \$1.80**

SIDES \$0.55/\$0.80

o'brien potatoes italian pasta corn green peas steamed rice turnip greens italian blend

MONDAY DINNER

ENTRÉES

SAUSAGE & POTATOES \$1.80 SWEET & SOUR MEATBALLS \$1.80 FRIED COD \$1.80 **ROAST TURKEY \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes corn dressing rice spinach green bean casserole vegetable blend

TUESDAY LUNCH

ENTRÉES

RED CHILE PORK \$1.80 **CHICKEN FRIED CHICKEN \$1.80 RIGATONI & ITALIAN SAUSAGE \$1.80 BAKED SALMON \$2.70**

SIDES \$0.55/\$0.80

mashed potatoes mexican rice squash carrots corn winter blend green beans

TUESDAY DINNER

WEDNESDAY DINNER

THURSDAY DINNER

ENTRÉES

PORK CHOW MEIN \$1.80 BBQ BEEF BRISKET \$1.80 GREEN CHILE CHICKEN PASTA \$1.80 CITRUS FISH \$1.80

SIDES \$0.55/\$0.80

spicy potatoes stir fried rice green peas ranch beans green beans carrots stir fried vegetables

WEDNESDAY LUNCH

ENTRÉES

PICADILLO \$1.80 **TURKEY POT PIE \$1.80 GARLIC SHRIMP LINGUINE \$1.80 GREEN CHILE PORK STEAK \$3.60**

SIDES \$0.55/\$0.80 mashed potatoes rice primavera corn zucchini cauliflower pinto beans assorted vegetables

Lunch

11:00-1:00

Dinner

4:30-7:15



Breakfast

7:00-9:00

Lunch

11:30-1:30

Dinner

5:30-7:30

ENTRÉES

T-BONE \$7.15 CRAB CAKES \$2.70 SPAGHETTI & MEATBALLS \$1.80 **BUFFALO CHICKEN \$1.80**

SIDES \$0.55/\$0.80

baked potato corn on the cob brussel sprouts broccoli steak fries zucchini & carrots italian blend

THURSDAY LUNCH

ENTRÉES

BROCCOLI SAUSAGE PASTA \$1.80 RED CHILE BEEF ENCHILADAS \$1.80 POLLO CON MOLE \$1.80 **CRUSTED TILAPIA \$1.80**

SIDES \$0.55/\$0.80

spanish rice Sunday green beans and mexican beans spinach **Federal** stewed tomatoes **Holidays** carrots capri blend

ENTRÉES

TORTILLA BEAN CASSEROLE \$1.45 FLAUTAS \$1.80 **BBO PORK RIBS \$1.80 MANICOTTI \$1.45**

SIDES \$0.55/\$0.80

steamed rice green beans squash baked beans turnip greens vegetable blend potato casserole

FRIDAY LUNCH

ENTRÉES

BEEF FAJITAS \$1.80 POLISH SAUSAGE \$1.80 CATFISH \$1.80 **CHICKEN MARSALA \$1.80**

SIDES \$0.55/\$0.80

mexican rice corn calabacitas tuscan potatoes green peas winter blend sauerkraut SATURDAY LUNCH

ENTRÉES BBQ CHICKEN \$1.80 **MEXICAN PORK STEAK \$1.80** HAM CASSEROLE \$1.80 LEMON BAKED FISH \$1.80

SIDES \$0.55/\$0.80 seasoned potatoes zucchini corn spanish rice ranch beans okra & tomatoes mixed vegetables

ENTRÉES

CHICKEN STRIPS \$1.80 ASSORTED PIZZA \$1.80 **VEGETABLE FETTUCCINE \$1.45 STEAK TAMPIQUENA \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes mexican hominy green beans broccoli cauliflower peas & carrots california blend

MENU

ENTRÉES

STEAK FINGERS \$1.80 **BBO SAUSAGE \$1.80 ITALIAN BEEF PASTA \$1.80 CHICKEN CACCIATORE \$1.80**

SATURDAY DINNER

FRIDAY DINNER

SIDES \$0.55/\$0.80 mashed potatoes

green beans white rice spinach stewed tomatoes baked beans assorted vegetables

SIDES \$0.55/\$0.80

CHICKEN PARMESAN \$1.80 POLISH SAUSAGE \$1.80

seasoned potatoes baked beans broccoli corn & peas italian pasta sauerkraut vegetable medley



ENTRÉES

SUNDAY DINNER

MONDAY DINNER

CHICKEN FAJITAS \$1.80 SWISS STYLE STEAK \$1.80 TAMALES \$1.80 **FETTUCCINE ALFREDO \$1.45**

SIDES \$0.55/\$0.80

mexican rice pinto beans corn carrots zucchini cabbage assorted vegetables

MONDAY LUNCH

ENTRÉES

ENTRÉES

TEXAS CHILI \$1.80

CITRUS FISH \$1.80

BAKED HAM \$1.80 CHICKEN FRIED STEAK \$1.80 PEPPERONI PASTA \$1.80 **CHICKEN & POTATOES \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes Sweet potato fries mixed vegetables green peas carrots squash green bean casserole

FLETC Artesia

Café **Hours**

Monday

thru

Saturday

Breakfast

6:00-8:00

ENTRÉES

LASAGNA \$1.80 **ITALIAN CHICKEN \$1.80 SAUSAGE & PEPPERS \$1.80** PARMESAN FISH \$1.80

SIDES \$0.55/\$0.80

red potatoes peas & corn stewed tomatoes white rice squash & zucchini green bean vegetable blend

TUESDAY DINNER

ENTRÉES

STUFFED BELL PEPPERS \$1.80 **BBO PORK RIBS \$1.80** FRIED SHRIMP \$2.70 **CHICKEN FETTUCCINE ALFREDO \$1.80**

SIDES \$0.55/\$0.80

seasoned red potatoes steamed rice spinach california blend corn asparagus baked beans

ENTRÉES

POT ROAST \$2.70 FLAUTAS \$1.80 PORK CHOPS w/ ONIONS \$3.60

SIDES \$0.55/\$0.80

mashed potatoes corn rice primavera broccoli cauliflower brussel sprouts vegetable mix

WEDNESDAY LUNCH

THURSDAY LUNCH

TUESDAY LUNCH

ENTRÉES

GREEN CHILE BEEF ENCHILADAS \$1.80 JAMBALAYA \$1.80 BEEF RAVIOLI \$1.80 **SOUTHWEST CHICKEN \$1.80**

ENTRÉES

SIDES \$0.55/\$0.80

spanish rice mexican beans green beans broccoli & carrots cauliflower turnip greens assorted vegetables

Lunch 11:00-1:00

Dinner 4:30-7:15



SCAN ME

Sunday and **Federal Holidays**

Breakfast

Lunch

CHICKEN PASTA PRIMAVERA \$1.80

ENTRÉES

ENTRÉES

BEEF & BROCCOLI STIR FRY \$1.80

PRIME RIB \$7.15

CALAMARI \$2.70

SHRIMP FRIED RICE \$1.80

STUFFED SHELLS \$1.45

WEDNESDAY DINNER

SIDES \$0.55/\$0.80 baked potato corn on the cob

green beans white rice winter blend carrots stir fried vegetables

THURSDAY DINNER

SIDES \$0.55/\$0.80 mexican rice

SIDES \$0.55/\$0.80

mexican hominy

carrots

green beans

steak fries

okra & tomatoes

spanish rice

oriental blend

MEXICAN BRISKET \$1.80 ranch style beans HERB CHICKEN \$1.80 corn **MANICOTTI \$1.45** potato casserole **BAKED SALMON \$2.70** broccoli zucchini & squash capri blend

FRIDAY LUNCH

VEGETABLE LINGUINE \$1.45 CHICKEN POT PIE \$1.80 SPRING ROLLS \$1.80

7:00-9:00

11:30-1:30

Dinner 5:30-7:30

SIDES \$0.55/\$0.80

stir fried rice mashed potatoes zucchini & tomatoes corn cauliflower vegetable blend cabbage

FRIDAY DINNER

ENTRÉES

MEATLOAF \$1.80 CHICKEN STRIPS \$1.80 RED CHILE PORK \$1.80 FISH ITALIANO \$1.80

SIDES \$0.55/\$0.80

mashed potatoes green beans squash mexican rice louisiana beans peas & carrots assorted vegetables **SATURDAY DINNER**

SATURDAY LUNCH

ENTRÉES

ENTRÉES

PEPPER STEAK \$1.80 **TAQUITOS \$1.80** STUFFED SHELLS \$1.45 **BBQ CHICKEN \$1.80**

PORK CHOP SUEY \$1.80

CATFISH \$1.80

BEEF & BEAN BURRITOS \$1.80

RED CHILE CHICKEN \$1.80

SIDES \$0.55/\$0.80

red potatoes white rice corn baked beans zucchini & carrots peas california blend

MENU

ENTRÉES

MEXICAN STEAK \$1.80 HAM CASSEROLE \$1.80 **CHICKEN STIR FRY \$1.80 BAKED FISH \$1.80**

SIDES \$0.55/\$0.80

steak fries stir fried rice squash stewed tomatoes broccoli italian blend

chuckwagon

ENTRÉES

POT ROAST \$2.70 ASSORTED PIZZA \$1.80 POLLOCK STRIPS \$1.80 PORK CUTLET \$3.60

SIDES \$0.55/\$0.80

mashed potatoes brussel sprouts zucchini corn steak fries carrots assorted vegetable



ENTRÉES

MONDAY DINNER

BBQ PORK RIBS \$1.80 **VEAL \$2.70** PORK STIR FRY \$1.80 **BAKED TILAPIA \$1.80**

SIDES \$0.55/\$0.80

rice pilaf okra & tomatoes corn peas turnip greens stir fry vegetables baked beans

MONDAY LUNCH

ENTRÉES

COUNTRY STYLE STEAK \$1.80 MANICOTTI \$1.45 BAKED HAM \$1.80 HERB CHICKEN \$1.80

SIDES \$0.55/\$0.80

mashed potatoes green bean casserole broccoli fried okra rice Sweet potato fries mixed vegetables

FLETC Artesia

Café **Hours**

Monday

thru

Saturday

Breakfast

6:00-8:00

ENTRÉES

RED CHILE BEEF ENCHILADA \$1.80 FRIED SHRIMP \$2.70 POLISH SAUSAGE \$1.80 FETTUCCINE ALFREDO \$1.45

SIDES \$0.55/\$0.80

spanish rice steak fries green beans pinto beans sauerkraut carrots italian blend

TUESDAY LUNCH

ENTRÉES

VEGETABLE LASAGNA \$1.45 RED CHILE PORK \$1.80 STEAK TAMPIQUENA \$1.80 CITRUS FISH \$1.80

SIDES \$0.55/\$0.80

pinto beans spanish rice zucchini cabbage corn cauliflower

TUESDAY DINNER

ENTRÉES

PORK ROAST \$3.60 FRIED POLLOCK \$1.80 **BEEF FAJITAS \$1.80 GR. CHILE CHICKEN PASTA \$1.80**

SIDES \$0.55/\$0.80

red potatoes mexican rice corn calabacitas peas mixed vegetable stewed tomatoes

WEDNESDAY LUNCH

ENTRÉES

SWEET & SOUR MEATBALLS \$1.80 SPRING ROLLS \$1.80 PORK STEAK w/ ONIONS \$3.60 SHRIMP FETTUCCINE ALFREDO \$1.80

assorted vegetables

SIDES \$0.55/\$0.80 white rice green beans oriental blend mixed squash broccoli & cauliflower carrots

Lunch 11:00-1:00

Dinner 4:30-7:15

ENTRÉES

RIB EYE \$7.15 COCONUT SHRIMP \$2.70 IAMBALAYA \$1.80 **CHICKEN RATATOUILLE \$1.80**

SIDES \$0.55/\$0.80

baked potato corn on the cob rice green beans carrots broccoli vegetable blend

THURSDAY LUNCH

ENTRÉES

ENTRÉES

PICADILLO \$1.80 **ROAST TURKEY \$1.80** PEPPERONI PASTA \$1.80 **BAKED SALMON \$2.70**

SIDES \$0.55/\$0.80

turnip greens

mashed potatoes green bean casserole pinto beans dressing spinach corn vegetable blend

Sunday and

Federal Holidays

Breakfast 7:00-9:00

Lunch 11:30-1:30

Dinner 5:30-7:30

THURSDAY DINNER

SATURDAY DINNER

WEDNESDAY DINNER

ENTRÉES

BBQ BRISKET \$1.80 **SAUSAGE & PEPPERS \$1.80** STUFFED SHELLS \$1.80 **CHICKEN FRIED CHICKEN \$1.80**

SIDES \$0.55/\$0.80

potato casserole corn turnip greens stewed tomatoes brussel sprouts assorted vegetables ranch beans

FRIDAY DINNER

ENTRÉES

BBQ SAUSAGE \$1.80 BEEF RAVIOLI \$1.80 FLAUTAS \$1.80 **BAKED FISH \$1.80**

SIDES \$0.55/\$0.80

rice frijoles green beans o'brien potatoes peas cauliflower mixed vegetables

SALISBURY STEAK \$1.80 CATFISH \$1.80 **SMOTHERED BURRITOS \$1.80 CHICKEN MARSALA \$1.80**

SIDES \$0.55/\$0.80

mexican rice asparagus green beans mashed potatoes mexican beans capri blend winter blend

SATURDAY LUNCH

FRIDAY LUNCH

ENTRÉES

CORDON BLEU \$3.80 GR. CHILE CHKN ENCHILADAS \$1.80 TAMALES \$1.80 SPAGHETTI w/ MARINARA \$1.45

SIDES \$0.55/\$0.80

spanish rice pinto beans with ham spinach vegetable blend corn peas & carrots brussel sprouts

MENU

ENTRÉES

STEAK FINGERS \$1.80 **TURKEY POT PIE \$1.80** HAM CASSEROLE \$1.80 **BBQ CHICKEN \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes baked beans corn zucchini stewed tomatoes broccoli italian blend

ENTRÉES

CHINESE PORK & NOODLES \$1.80 STUFFED BELL PEPPERS \$1.80 FRIED POLLOCK \$1.80 **CHICKEN CACCIATORE \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes oriental vegetables cauliflower yellow squash green beans broccoli beets



FLETC

Artesia

Café

Hours

Monday

thru

Saturday

Breakfast

6:00-8:00

Lunch

11:00-1:00

Dinner

4:30-7:15

SCAN ME

Sunday

And

Federal

Holidays

ENTRÉES

SUNDAY DINNER

CHILI MAC \$1.80 **OREGANO CHICKEN \$1.80 BBO PORK RIBS \$1.80 BAKED TILAPIA \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes rice baked beans green peas green beans carrots assorted vegetables

MONDAY LUNCH

ENTRÉES

VEAL PARMESAN \$2.70 CRUSTED TILAPIA \$1.80 MANICOTTI \$1.45 BUFFALO CHICKEN \$1.80

SIDES \$0.55/\$0.80

rice primavera pinto beans corn & peas zucchini stewed tomatoes pasta mixed vegetables

MONDAY DINNER

ENTRÉES

HERB PORK ROAST \$3.60 **ITALIAN BEEF PASTA \$1.80 SALISBURY STEAK \$1.80 CHICKEN PROVENCAL \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes rice pilaf cauliflower corn brussel sprouts spinach vegetable blend

TUESDAY LUNCH

ENTRÉES

MEATLOAF \$1.80 PEPPERONI PASTA \$1.80 **SPRING ROLLS \$1.80 CHICKEN STIR FRY \$1.80**

SIDES \$0.55/\$0.80

stir fried rice stir fried vegetables mashed potatoes green peas corn okra & tomatoes green beans

TUESDAY DINNER

ENTRÉES

FRIED SHRIMP \$2.70 PICADILLO \$1.80 **JAMBALAYA \$1.80** CHICKEN & POTATOES \$1.80

SIDES \$0.55/\$0.80

mexican rice steak fries california blend broccoli green beans pinto beans peas & carrots

WEDNESDAY LUNCH

ENTRÉES

FRIED COD \$1.80 **RED CHILE BEEF ENCHILADAS \$1.80 CABBAGE ROLLS \$1.80 BBQ PULLED PORK \$1.80**

SIDES \$0.55/\$0.80 spanish rice charro beans steak fries assorted vegetables calabacitas spinach corn

WEDNESDAY DINNER

ENTRÉES

PRIME RIB \$7.15 CALAMARI \$2.70 **TAOUITOS \$1.80** VEGETABLE SPAGHETTI \$1.45

SIDES \$0.55/\$0.80

baked potato corn on the cob pinto beans zucchini stewed tomatoes vegetable blend turnip greens

THURSDAY LUNCH

ENTRÉES

CHICKEN FRIED STEAK \$1.80 RED CHILE PORK \$1.80 TORTILLA BEAN CASSEROLE \$1.45 ROAST TURKEY \$1.80

SIDES \$0.55/\$0.80

mashed potatoes mexican rice corn green bean casserole vegetable medley broccoli

ENTRÉES PORK CHOPS w/ GR.CHILE \$3.60 **BEEF BROCCOLI STIR FRY \$1.80** CHICKEN FRIED CHICKEN \$1.80 FISH ITALIANO \$1.80

SIDES \$0.55/\$0.80

mashed potatoes stir fried rice oriental vegetable carrots & broccoli green beans baked beans chuckwagon

FRIDAY LUNCH

ENTRÉES

CHICKEN FAIITAS \$1.80 STUFFED SHELLS \$1.45 CATFISH \$1.80 **ITALIAN STYLE STEAK \$1.80**

SIDES \$0.55/\$0.80

spanish rice

steak fries

pinto beans

mixed vegetable

mexican corn

stewed tomatoes

dressing **Breakfast** 7:00-9:00

Lunch

11:30-1:30

Dinner 5:30-7:30

FRIDAY DINNER

SATURDAY DINNER

THURSDAY DINNER

ENTRÉES

HERB POT ROAST \$2.70 **TAMALES \$1.80 VEGETABLE LASAGNA \$1.45 CAJUN STYLE CHICKEN \$1.80**

SIDES \$0.55/\$0.80

frijoles charros mashed potatoes corn california blend green peas squash & tomatoes assorted vegetables

peas & carrots SATURDAY LUNCH

ENTRÉES

BEEF RAVIOLI \$1.80 **BEEF & BEAN BURRITOS \$1.80 SAUSAGE & PEPPERS \$1.80 BBQ CHICKEN \$1.80**

SIDES \$0.55/\$0.80

steak fries ranch beans carrots & cauliflower vegetable blend vellow squash green beans zucchini

MENU

ENTRÉES

AU GRATIN POT & HAM \$1.80 MEXICAN STEAK \$1.80 CHICKEN STRIPS \$1.80 BAKED TILAPIA \$1.80

SIDES \$0.55/\$0.80 mashed potatoes mexican rice vegetable medley honey baked beans beets broccoli corn

SIDES \$0.55/\$0.80

POLISH SAUSAGE \$1.80 VEGETABLE SPAGHETTI \$1.45 PICADILLO \$1.80 **SOUTHWESTERN CHICKEN \$1.80**

ENTRÉES

mashed potatoes spanish rice broccoli cabbage vegetable medley corn

sauerkraut



ENTRÉES

SUNDAY DINNER

MONDAY DINNER

FETTUCCINE ALFREDO \$1.45 CHICKEN POT PIE \$1.80 **COUNTRY STYLE STEAK \$1.80 BAKED FISH \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes white rice corn green peas stewed tomatoes zucchini assorted vegetables

MONDAY LUNCH

TUESDAY LUNCH

ENTRÉES

SHRIMP BROCCOLI STIR FRY \$1.80 **SPRING ROLLS \$1.80** HAM CASSEROLE \$1.80 **CILANTRO CHICKEN \$1.80**

SIDES \$0.55/\$0.80

rice seasoned potatoes asparagus cauliflower fried okra oriental blend green beans

SIDES \$0.55/\$0.80

mexican rice

brussel sprouts

pinto beans

california blend

stewed tomatoes

scandinavian blend corn

Artesia

Café **Hours**

Monday

thru

Saturday

Breakfast

6:00-8:00

Lunch

11:00-1:00

ENTRÉES

JALAPENO RICE CASSEROLE \$1.45

CHICKEN PARMESAN \$1.80

SWISS STEAK \$1.80

SAUSAGE & POTATOES \$1.80

CABBAGE ROLLS \$1.80

SIDES \$0.55/\$0.80

pasta parsley potatoes broccoli italian blend green beans squash beets

TUESDAY DINNER

WEDNESDAY DINNER

ENTRÉES

THAI CHILI CHICKEN \$1.80 **BEEF RAVIOLI \$1.80** HERB FISH \$1.80

COCONUT SHRIMP \$2.70

TERIYAKI CHICKEN \$1.80

RAINBOW FRIED RICE \$1.80

SIDES \$0.55/\$0.80

stir fried rice au gratin potatoes corn stir fried vegetables cauliflower spinach zucchini

WEDNESDAY LUNCH

THURSDAY LUNCH

ENTRÉES

ENTRÉES

SPAGHETTI & MEATBALLS \$1.80

PORK CHOPS & ONIONS \$3.60

CRUSTED TILAPIA \$1.80

TAQUITOS \$1.80

POT ROAST \$2.70 **BBO PORK RIBS \$1.80 SWEET & SOUR CHICKEN \$1.80 VEGETABLE LINGUINE \$1.45**

SIDES \$0.55/\$0.80

mashed potatoes rice baked beans green beans broccoli summer squash assorted vegetables

RIB EYE \$7.15

Dinner



4:30-7:15

VEAL \$2.70

SIDES \$0.55/\$0.80 baked potato corn on the cob fried okra oriental blend green beans vegetable medley squash

THURSDAY DINNER

ENTRÉES

ENTRÉES

GR.CHILE CHICKEN ENCHILADA \$1.80

CATFISH \$1.80

STUFFED PEPPERS \$1.80

SZECHWAN PORK \$1.80

SMOTHERED BURRITOS \$1.80 CHICKEN FRIED STEAK \$1.80 GR. CHILE CHICKEN PASTA \$1.80 SAUTEED SAUSAGE & VEG. \$1.80

SIDES \$0.55/\$0.80

mashed potatoes rice primavera ranch beans corn calabacitas capri blend broccoli & carrots

SIDES \$0.55/\$0.80

mexican rice

steak fries

frijoles charros

green beans

o'brien potaotes

zucchini & tomatoes

mixed vegetable

Sunday And **Federal Holidays**

Breakfast 7:00-9:00

Lunch 11:30-1:30

Dinner 5:30-7:30

ENTRÉES

ENTRÉES

RED CHILE CHEESE ENCHILADA \$1.45 BAKED FISH \$1.80 **LOUISIANA CHICKEN \$1.80**

SIDES \$0.55/\$0.80 potato casserole spanish rice italian pasta carrots corn vegetable medlev green beans

FRIDAY DINNER

SATURDAY DINNER

ENTRÉES

BBQ SAUSAGE \$1.80 MEATLOAF W/ GRAVY \$1.80 **CHICKEN FRIED CHICKEN \$1.80 VEGETABLE LASAGNA \$1.45**

SIDES \$0.55/\$0.80

macaroni & cheese mashed potatoes cauliflower green beans steamed rice broccoli italian blend

SATURDAY LUNCH

FRIDAY LUNCH

ENTRÉES

CHICKEN STRIPS \$1.80 BBO BRISKET \$1.80 MEXICAN PORK STEAK \$3.60 SPAGHETTI & MARINARA \$1.45

SIDES \$0.55/\$0.80

mashed potatoes white rice corn baked beans sweet peas california blend spinach

MENU

ENTRÉES

POLLOCK TENDERS \$1.80 ITALIAN STYLE STEAK \$1.80 PEPPERONI PASTA \$1.80 **BBQ CHICKEN \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes brussel sprouts mixed squash corn ranch beans assorted vegetables stewed tomatoes

ENTRÉES

SALISBURY STEAK \$1.80 BAKED TILAPIA \$1.80 BEEF RAVIOLI \$1.80 BAKED HAM \$1.80

SIDES \$0.55/\$0.80

mashed potatoes green bean casserole Broccoli sweet potato fries stewed tomatoes carrots

vegetable medley



ENTRÉES

CABBAGE ROLLS \$1.80 **POLISH SAUSAGE \$1.80 TAQUITOS \$1.80** CHICKEN & SEASONED POTATOES \$1.80

MONDAY DINNER

SIDES \$0.55/\$0.80

spanish rice o'brien potatoes green beans sauerkraut zucchini cauliflower assorted vegetables

MONDAY LUNCH

ENTRÉES

VEAL PARMESAN \$2.70 TAMALES \$1.80 LASAGNA \$1.80 **CHICKEN RICE CASSEROLE \$1.80**

SIDES \$0.55/\$0.80

o'brien potatoes italian pasta corn green peas steamed rice turnip greens italian blend

FLETC Artesia

Café **Hours**

Monday

Breakfast

6:00-8:00

Lunch

11:00-1:00

SAUSAGE & POTATOES \$1.80 FRIED COD \$1.80 **ROAST TURKEY \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes corn dressing rice spinach green bean casserole vegetable blend

SIDES \$0.55/\$0.80

spicy potatoes

stir fried rice

green peas

ranch beans

green beans

carrots

TUESDAY LUNCH

WEDNESDAY LUNCH

ENTRÉES

RED CHILE PORK \$1.80 **CHICKEN FRIED CHICKEN \$1.80 RIGATONI & ITALIAN SAUSAGE \$1.80 BAKED SALMON \$2.70**

SIDES \$0.55/\$0.80

mashed potatoes mexican rice squash carrots corn winter blend green beans

ENTRÉES

SWEET & SOUR MEATBALLS \$1.80

TUESDAY DINNER

SUNDAY DINNER

thru **ENTRÉES** Saturday **PORK CHOW MEIN \$1.80**

BBQ BEEF BRISKET \$1.80 GREEN CHILE CHICKEN PASTA \$1.80

CITRUS FISH \$1.80

stir fried vegetables **WEDNESDAY DINNER**

ENTRÉES PICADILLO \$1.80 **TURKEY POT PIE \$1.80 GARLIC SHRIMP LINGUINE \$1.80 GREEN CHILE PORK STEAK \$3.60**

SIDES \$0.55/\$0.80

mashed potatoes rice primavera corn zucchini cauliflower pinto beans assorted vegetables

Dinner

4:30-7:15



ENTRÉES

T-BONE \$7.15 CRAB CAKES \$2.70 SPAGHETTI & MEATBALLS \$1.80 **BUFFALO CHICKEN \$1.80**

SIDES \$0.55/\$0.80

baked potato corn on the cob brussel sprouts broccoli steak fries zucchini & carrots italian blend

THURSDAY LUNCH

ENTRÉES

BROCCOLI SAUSAGE PASTA \$1.80 RED CHILE BEEF ENCHILADAS \$1.80 POLLO CON MOLE \$1.80 **CRUSTED TILAPIA \$1.80**

SIDES \$0.55/\$0.80

spanish rice Sunday green beans and mexican beans spinach **Federal** stewed tomatoes **Holidays** carrots capri blend

ENTRÉES TORTILLA BEAN CASSEROLE \$1.45

FLAUTAS \$1.80 **BBO PORK RIBS \$1.80 MANICOTTI \$1.45**

SIDES \$0.55/\$0.80 steamed rice green beans squash baked beans turnip greens vegetable blend potato casserole

FRIDAY LUNCH

ENTRÉES

BEEF FAJITAS \$1.80 POLISH SAUSAGE \$1.80 CATFISH \$1.80 **CHICKEN MARSALA \$1.80**

SIDES \$0.55/\$0.80

mexican rice corn calabacitas tuscan potatoes green peas winter blend sauerkraut

Breakfast 7:00-9:00

Lunch 11:30-1:30

Dinner 5:30-7:30

FRIDAY DINNER

SATURDAY DINNER

THURSDAY DINNER

ENTRÉES

BBQ CHICKEN \$1.80 **MEXICAN PORK STEAK \$1.80** HAM CASSEROLE \$1.80 LEMON BAKED FISH \$1.80

SIDES \$0.55/\$0.80

seasoned potatoes zucchini corn spanish rice ranch beans okra & tomatoes mixed vegetables

SATURDAY LUNCH

ENTRÉES

CHICKEN STRIPS \$1.80 ASSORTED PIZZA \$1.80 **VEGETABLE FETTUCCINE \$1.45 STEAK TAMPIQUENA \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes mexican hominy green beans broccoli cauliflower peas & carrots california blend

MENU

ENTRÉES

STEAK FINGERS \$1.80 **BBO SAUSAGE \$1.80 ITALIAN BEEF PASTA \$1.80 CHICKEN CACCIATORE \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes green beans white rice spinach stewed tomatoes baked beans assorted vegetables

SIDES \$0.55/\$0.80





SUNDAY DINNER

ENTRÉES CHICKEN FAJITAS \$1.80 SWISS STYLE STEAK \$1.80 TAMALES \$1.80 **FETTUCCINE ALFREDO \$1.45**

SIDES \$0.55/\$0.80

mexican rice pinto beans corn carrots zucchini cabbage assorted vegetables

MONDAY LUNCH

TUESDAY LUNCH

WEDNESDAY LUNCH

THURSDAY LUNCH

ENTRÉES

ENTRÉES

CHICKEN FETTUCCINE ALFREDO \$1.80

ENTRÉES

GREEN CHILE BEEF ENCHILADAS \$1.80

ENTRÉES

ENTRÉES

TEXAS CHILI \$1.80

CITRUS FISH \$1.80

CHICKEN PARMESAN \$1.80

POLISH SAUSAGE \$1.80

BAKED HAM \$1.80 CHICKEN FRIED STEAK \$1.80 PEPPERONI PASTA \$1.80 **CHICKEN & POTATOES \$1.80**

STUFFED BELL PEPPERS \$1.80

BBO PORK RIBS \$1.80

FRIED SHRIMP \$2.70

JAMBALAYA \$1.80

BEEF RAVIOLI \$1.80

SOUTHWEST CHICKEN \$1.80

MEXICAN BRISKET \$1.80

HERB CHICKEN \$1.80

BAKED SALMON \$2.70

PORK CHOP SUEY \$1.80

CATFISH \$1.80

BEEF & BEAN BURRITOS \$1.80

RED CHILE CHICKEN \$1.80

MANICOTTI \$1.45

SIDES \$0.55/\$0.80

mashed potatoes Sweet potato fries mixed vegetables green peas carrots squash green bean casserole

SIDES \$0.55/\$0.80

seasoned red potatoes

steamed rice

spinach

california blend

corn

asparagus

baked beans

SIDES \$0.55/\$0.80

spanish rice

mexican beans

green beans

broccoli & carrots

cauliflower

turnip greens

assorted vegetables

SIDES \$0.55/\$0.80

mexican rice

ranch style beans

corn

potato casserole

broccoli

zucchini & squash

capri blend

SIDES \$0.55/\$0.80

mexican hominy

carrots

green beans

steak fries

okra & tomatoes

spanish rice

oriental blend

FLETC Artesia

Café **Hours**

Monday

thru

Saturday

Breakfast

6:00-8:00

Lunch

11:00-1:00

Dinner

4:30-7:15

SCAN ME

Sunday

and

Federal

Holidays

Breakfast

7:00-9:00

Lunch

11:30-1:30

Dinner

5:30-7:30

ENTRÉES

LASAGNA \$1.80 **ITALIAN CHICKEN \$1.80 SAUSAGE & PEPPERS \$1.80** PARMESAN FISH \$1.80

SIDES \$0.55/\$0.80

red potatoes peas & corn stewed tomatoes white rice squash & zucchini green bean vegetable blend

MONDAY DINNER

POT ROAST \$2.70 FLAUTAS \$1.80 PORK CHOPS w/ ONIONS \$3.60 **CHICKEN PASTA PRIMAVERA \$1.80**

TUESDAY DINNER

ENTRÉES

SIDES \$0.55/\$0.80

mashed potatoes corn rice primavera broccoli cauliflower brussel sprouts vegetable mix

WEDNESDAY DINNER

ENTRÉES

PRIME RIB \$7.15 CALAMARI \$2.70 SHRIMP FRIED RICE \$1.80 STUFFED SHELLS \$1.45

SIDES \$0.55/\$0.80

baked potato corn on the cob green beans white rice winter blend carrots stir fried vegetables

THURSDAY DINNER

ENTRÉES

VEGETABLE LINGUINE \$1.45 CHICKEN POT PIE \$1.80 SPRING ROLLS \$1.80 **BEEF & BROCCOLI STIR FRY \$1.80**

SIDES \$0.55/\$0.80

stir fried rice mashed potatoes zucchini & tomatoes corn cauliflower vegetable blend cabbage

FRIDAY DINNER

ENTRÉES

MEATLOAF \$1.80 CHICKEN STRIPS \$1.80 RED CHILE PORK \$1.80 FISH ITALIANO \$1.80

SIDES \$0.55/\$0.80

mashed potatoes green beans squash mexican rice louisiana beans peas & carrots assorted vegetables

SATURDAY LUNCH

FRIDAY LUNCH

ENTRÉES

ENTRÉES

PEPPER STEAK \$1.80 **TAQUITOS \$1.80** STUFFED SHELLS \$1.45 **BBQ CHICKEN \$1.80**

SIDES \$0.55/\$0.80

red potatoes white rice corn baked beans zucchini & carrots peas california blend

MENU

ENTRÉES MEXICAN STEAK \$1.80 HAM CASSEROLE \$1.80 **CHICKEN STIR FRY \$1.80 BAKED FISH \$1.80**

SATURDAY DINNER

SIDES \$0.55/\$0.80 chuckwagon steak fries stir fried rice squash stewed tomatoes broccoli italian blend

ENTRÉES

POT ROAST \$2.70 ASSORTED PIZZA \$1.80 POLLOCK STRIPS \$1.80 PORK CUTLET \$3.60

SIDES \$0.55/\$0.80

mashed potatoes brussel sprouts zucchini corn steak fries carrots assorted vegetable



ENTRÉES

BBQ PORK RIBS \$1.80 VEAL \$2.70 PORK STIR FRY \$1.80 **BAKED TILAPIA \$1.80**

SIDES \$0.55/\$0.80

rice pilaf okra & tomatoes corn peas turnip greens stir fry vegetables baked beans

MONDAY LUNCH

ENTRÉES

COUNTRY STYLE STEAK \$1.80 MANICOTTI \$1.45 BAKED HAM \$1.80 HERB CHICKEN \$1.80

SIDES \$0.55/\$0.80

mashed potatoes green bean casserole broccoli fried okra rice Sweet potato fries mixed vegetables

FLETC Artesia

Café **Hours**

Monday

thru

Saturday

Breakfast

6:00-8:00

Lunch

11:00-1:00

Dinner

4:30-7:15

ENTRÉES

RED CHILE BEEF ENCHILADA \$1.80 FRIED SHRIMP \$2.70 **POLISH SAUSAGE \$1.80 FETTUCCINE ALFREDO \$1.45**

SIDES \$0.55/\$0.80

spanish rice steak fries green beans pinto beans sauerkraut carrots italian blend

TUESDAY LUNCH

ENTRÉES

VEGETABLE LASAGNA \$1.45 RED CHILE PORK \$1.80 STEAK TAMPIQUENA \$1.80 CITRUS FISH \$1.80

SIDES \$0.55/\$0.80

pinto beans spanish rice zucchini cabbage corn cauliflower assorted vegetables

TUESDAY DINNER

MONDAY DINNER

ENTRÉES

PORK ROAST \$3.60 FRIED POLLOCK \$1.80 **BEEF FAJITAS \$1.80 GR. CHILE CHICKEN PASTA \$1.80**

SIDES \$0.55/\$0.80

red potatoes mexican rice corn calabacitas peas mixed vegetable stewed tomatoes

WEDNESDAY LUNCH

ENTRÉES

SWEET & SOUR MEATBALLS \$1.80 SPRING ROLLS \$1.80 PORK STEAK w/ ONIONS \$3.60 SHRIMP FETTUCCINE ALFREDO \$1.80

SIDES \$0.55/\$0.80 white rice green beans oriental blend mixed squash broccoli & cauliflower carrots turnip greens

WEDNESDAY DINNER

ENTRÉES

RIB EYE \$7.15 COCONUT SHRIMP \$2.70 IAMBALAYA \$1.80 **CHICKEN RATATOUILLE \$1.80**

SIDES \$0.55/\$0.80

baked potato corn on the cob rice green beans carrots broccoli vegetable blend

THURSDAY LUNCH

ENTRÉES

PICADILLO \$1.80 **ROAST TURKEY \$1.80** PEPPERONI PASTA \$1.80 **BAKED SALMON \$2.70**

SIDES \$0.55/\$0.80

mashed potatoes pinto beans dressing spinach corn

THURSDAY DINNER

ENTRÉES

BBQ BRISKET \$1.80 **SAUSAGE & PEPPERS \$1.80** STUFFED SHELLS \$1.80 **CHICKEN FRIED CHICKEN \$1.80**

SIDES \$0.55/\$0.80

potato casserole corn turnip greens stewed tomatoes brussel sprouts assorted vegetables ranch beans

FRIDAY LUNCH

ENTRÉES

SALISBURY STEAK \$1.80 CATFISH \$1.80 **SMOTHERED BURRITOS \$1.80 CHICKEN MARSALA \$1.80**

SIDES \$0.55/\$0.80

mexican rice

asparagus

green beans

mashed potatoes

capri blend

winter blend

mexican beans

green bean casserole vegetable blend

Breakfast 7:00-9:00

Sunday

and

Federal

Holidays

Lunch 11:30-1:30

Dinner 5:30-7:30

FRIDAY DINNER

SATURDAY DINNER

ENTRÉES

BBQ SAUSAGE \$1.80 BEEF RAVIOLI \$1.80 FLAUTAS \$1.80 **BAKED FISH \$1.80**

SIDES \$0.55/\$0.80

rice frijoles green beans o'brien potatoes peas cauliflower mixed vegetables

SATURDAY LUNCH

ENTRÉES

CORDON BLEU \$3.80 GR. CHILE CHKN ENCHILADAS \$1.80 TAMALES \$1.80 SPAGHETTI w/ MARINARA \$1.45

SIDES \$0.55/\$0.80

spanish rice pinto beans with ham spinach vegetable blend corn peas & carrots brussel sprouts

MENU

ENTRÉES

STEAK FINGERS \$1.80 **TURKEY POT PIE \$1.80** HAM CASSEROLE \$1.80 **BBQ CHICKEN \$1.80**

SIDES \$0.55/\$0.80 mashed potatoes

baked beans corn zucchini stewed tomatoes broccoli italian blend

<u> AUGUST 9 – AUGUST 15</u>

SUNDAY LUNCH

UNDAY DINNER

ENTRÉES

CHINESE PORK & NOODLES \$1.80 STUFFED BELL PEPPERS \$1.80 FRIED POLLOCK \$1.80 **CHICKEN CACCIATORE \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes oriental vegetables cauliflower yellow squash green beans broccoli beets



FLETC

Artesia

Café

Hours

Monday

thru

Saturday

Breakfast

6:00-8:00

Lunch

11:00-1:00

Dinner

4:30-7:15

SCAN ME

Federal

Holidays

Breakfast

7:00-9:00

Lunch

11:30-1:30

Dinner

5:30-7:30

ENTRÉES

CHILI MAC \$1.80 **OREGANO CHICKEN \$1.80 BBO PORK RIBS \$1.80 BAKED TILAPIA \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes rice baked beans green peas green beans carrots assorted vegetables

MONDAY LUNCH

ENTRÉES

VEAL PARMESAN \$2.70 CRUSTED TILAPIA \$1.80 MANICOTTI \$1.45 BUFFALO CHICKEN \$1.80

SIDES \$0.55/\$0.80

rice primavera pinto beans corn & peas zucchini stewed tomatoes pasta mixed vegetables

MONDAY DINNER

ENTRÉES

HERB PORK ROAST \$3.60 **ITALIAN BEEF PASTA \$1.80 SALISBURY STEAK \$1.80 CHICKEN PROVENCAL \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes rice pilaf cauliflower corn brussel sprouts spinach vegetable blend

TUESDAY LUNCH

ENTRÉES

MEATLOAF \$1.80 PEPPERONI PASTA \$1.80 **SPRING ROLLS \$1.80 CHICKEN STIR FRY \$1.80**

SIDES \$0.55/\$0.80

stir fried rice stir fried vegetables mashed potatoes green peas corn okra & tomatoes green beans

TUESDAY DINNER

ENTRÉES

FRIED SHRIMP \$2.70 PICADILLO \$1.80 **JAMBALAYA \$1.80** CHICKEN & POTATOES \$1.80

SIDES \$0.55/\$0.80

mexican rice steak fries california blend broccoli green beans pinto beans peas & carrots

WEDNESDAY LUNCH

ENTRÉES

FRIED COD \$1.80 **RED CHILE BEEF ENCHILADAS \$1.80 CABBAGE ROLLS \$1.80 BBQ PULLED PORK \$1.80**

SIDES \$0.55/\$0.80 spanish rice charro beans steak fries assorted vegetables calabacitas spinach corn

ENTRÉES

PRIME RIB \$7.15 CALAMARI \$2.70 **TAOUITOS \$1.80** VEGETABLE SPAGHETTI \$1.45

WEDNESDAY DINNER

THURSDAY DINNER

SIDES \$0.55/\$0.80 baked potato corn on the cob pinto beans zucchini stewed tomatoes vegetable blend turnip greens

THURSDAY LUNCH

ENTRÉES

CHICKEN FRIED STEAK \$1.80 RED CHILE PORK \$1.80 TORTILLA BEAN CASSEROLE \$1.45 ROAST TURKEY \$1.80

mexican rice corn green bean casserole broccoli

ENTRÉES PORK CHOPS w/ GR.CHILE \$3.60

SIDES \$0.55/\$0.80

mashed potatoes stir fried rice oriental vegetable carrots & broccoli green beans

baked beans

chuckwagon

SIDES \$0.55/\$0.80

FRIDAY LUNCH

ENTRÉES

SIDES \$0.55/\$0.80 mashed potatoes

vegetable medley dressing

Sunday And

BEEF BROCCOLI STIR FRY \$1.80 CHICKEN FRIED CHICKEN \$1.80 FISH ITALIANO \$1.80

FRIDAY DINNER

ENTRÉES

HERB POT ROAST \$2.70 **TAMALES \$1.80 VEGETABLE LASAGNA \$1.45 CAJUN STYLE CHICKEN \$1.80**

frijoles charros mashed potatoes corn california blend green peas squash & tomatoes assorted vegetables

ENTRÉES

CHICKEN FAIITAS \$1.80 STUFFED SHELLS \$1.45 CATFISH \$1.80 **ITALIAN STYLE STEAK \$1.80**

BEEF RAVIOLI \$1.80

BBQ CHICKEN \$1.80

BEEF & BEAN BURRITOS \$1.80

SAUSAGE & PEPPERS \$1.80

SIDES \$0.55/\$0.80

spanish rice steak fries pinto beans mixed vegetable mexican corn stewed tomatoes peas & carrots

SATURDAY LUNCH

SIDES \$0.55/\$0.80

steak fries ranch beans carrots & cauliflower vegetable blend vellow squash green beans zucchini

MENU

ENTRÉES

AU GRATIN POT & HAM \$1.80 MEXICAN STEAK \$1.80 CHICKEN STRIPS \$1.80 BAKED TILAPIA \$1.80

SATURDAY DINNER

SIDES \$0.55/\$0.80

mashed potatoes mexican rice vegetable medley honey baked beans beets broccoli corn

AUGUST 16 – AUGUST 22

SUNDAY LUNCH SUNDAY DINNER

ENTRÉES

POLISH SAUSAGE \$1.80 VEGETABLE SPAGHETTI \$1.45 PICADILLO \$1.80 **SOUTHWESTERN CHICKEN \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes spanish rice broccoli cabbage vegetable medley corn sauerkraut



Artesia

Café

Hours

Monday

thru

Saturday

Breakfast

6:00-8:00

ENTRÉES

FETTUCCINE ALFREDO \$1.45 CHICKEN POT PIE \$1.80 COUNTRY STYLE STEAK \$1.80 BAKED FISH \$1.80

SIDES \$0.55/\$0.80

mashed potatoes white rice corn green peas stewed tomatoes zucchini assorted vegetables

MONDAY LUNCH

ENTRÉES

SHRIMP BROCCOLI STIR FRY \$1.80 **SPRING ROLLS \$1.80** HAM CASSEROLE \$1.80 **CILANTRO CHICKEN \$1.80**

SIDES \$0.55/\$0.80

rice seasoned potatoes asparagus cauliflower fried okra oriental blend green beans

MONDAY DINNER

ENTRÉES

CHICKEN PARMESAN \$1.80 **SAUSAGE & POTATOES \$1.80 SWISS STEAK \$1.80 JALAPENO RICE CASSEROLE \$1.45**

SIDES \$0.55/\$0.80

pasta parsley potatoes broccoli italian blend green beans squash beets

TUESDAY LUNCH

ENTRÉES

TAQUITOS \$1.80 SPAGHETTI & MEATBALLS \$1.80 PORK CHOPS & ONIONS \$3.60 **CRUSTED TILAPIA \$1.80**

SIDES \$0.55/\$0.80

mexican rice brussel sprouts pinto beans california blend stewed tomatoes scandinavian blend corn

TUESDAY DINNER

WEDNESDAY DINNER

THURSDAY DINNER

ENTRÉES

CABBAGE ROLLS \$1.80 THAI CHILI CHICKEN \$1.80 **BEEF RAVIOLI \$1.80** HERB FISH \$1.80

SIDES \$0.55/\$0.80

stir fried rice au gratin potatoes corn stir fried vegetables cauliflower spinach zucchini

WEDNESDAY LUNCH

ENTRÉES

POT ROAST \$2.70 **BBO PORK RIBS \$1.80 SWEET & SOUR CHICKEN \$1.80 VEGETABLE LINGUINE \$1.45**

SIDES \$0.55/\$0.80 mashed potatoes rice baked beans green beans broccoli summer squash assorted vegetables

Lunch 11:00-1:00

Dinner 4:30-7:15

SCAN ME

Breakfast

7:00-9:00

Lunch

11:30-1:30

Dinner

5:30-7:30

COCONUT SHRIMP \$2.70 RAINBOW FRIED RICE \$1.80 TERIYAKI CHICKEN \$1.80

RIB EYE \$7.15

SIDES \$0.55/\$0.80

baked potato corn on the cob fried okra oriental blend green beans vegetable medley squash

THURSDAY LUNCH

ENTRÉES

SMOTHERED BURRITOS \$1.80 CHICKEN FRIED STEAK \$1.80 GR. CHILE CHICKEN PASTA \$1.80 SAUTEED SAUSAGE & VEG. \$1.80

SIDES \$0.55/\$0.80

mashed potatoes Sunday rice primavera And ranch beans **Federal** corn calabacitas **Holidays** capri blend broccoli & carrots

ENTRÉES

ENTRÉES

VEAL \$2.70 RED CHILE CHEESE ENCHILADA \$1.45 BAKED FISH \$1.80 **LOUISIANA CHICKEN \$1.80**

SIDES \$0.55/\$0.80

potato casserole spanish rice italian pasta carrots corn vegetable medlev green beans

FRIDAY LUNCH

ENTRÉES

GR.CHILE CHICKEN ENCHILADA \$1.80 CATFISH \$1.80 STUFFED PEPPERS \$1.80 **SZECHWAN PORK \$1.80**

SIDES \$0.55/\$0.80

mexican rice steak fries frijoles charros green beans o'brien potaotes zucchini & tomatoes mixed vegetable

ENTRÉES

FRIDAY DINNER

BBQ SAUSAGE \$1.80 MEATLOAF W/ GRAVY \$1.80 **CHICKEN FRIED CHICKEN \$1.80 VEGETABLE LASAGNA \$1.45**

SIDES \$0.55/\$0.80

macaroni & cheese mashed potatoes cauliflower green beans steamed rice broccoli italian blend

SATURDAY LUNCH

ENTRÉES

CHICKEN STRIPS \$1.80 BBO BRISKET \$1.80 MEXICAN PORK STEAK \$3.60 SPAGHETTI & MARINARA \$1.45

SIDES \$0.55/\$0.80

mashed potatoes white rice corn baked beans sweet peas california blend spinach

MENU

ENTRÉES

POLLOCK TENDERS \$1.80 ITALIAN STYLE STEAK \$1.80 PEPPERONI PASTA \$1.80 **BBQ CHICKEN \$1.80**

SATURDAY DINNER

SIDES \$0.55/\$0.80 mashed potatoes brussel sprouts mixed squash corn

ranch beans assorted vegetables stewed tomatoes

ENTRÉES

SALISBURY STEAK \$1.80 BAKED TILAPIA \$1.80 BEEF RAVIOLI \$1.80 BAKED HAM \$1.80

SIDES \$0.55/\$0.80

mashed potatoes green bean casserole Broccoli sweet potato fries stewed tomatoes carrots

vegetable medley



ENTRÉES

SUNDAY DINNER

CABBAGE ROLLS \$1.80 POLISH SAUSAGE \$1.80 **TAQUITOS \$1.80** CHICKEN & SEASONED POTATOES \$1.80

SIDES \$0.55/\$0.80

spanish rice o'brien potatoes green beans sauerkraut zucchini cauliflower assorted vegetables

MONDAY LUNCH

ENTRÉES

VEAL PARMESAN \$2.70 TAMALES \$1.80 LASAGNA \$1.80 **CHICKEN RICE CASSEROLE \$1.80**

SIDES \$0.55/\$0.80

o'brien potatoes italian pasta corn green peas steamed rice turnip greens italian blend

MONDAY DINNER

FLETC

Artesia

Café **Hours**

Monday

thru

Saturday

Breakfast

6:00-8:00

Lunch

11:00-1:00

ENTRÉES

SWEET & SOUR MEATBALLS \$1.80

SAUSAGE & POTATOES \$1.80

FRIED COD \$1.80

ROAST TURKEY \$1.80

PORK CHOW MEIN \$1.80

SIDES \$0.55/\$0.80

mashed potatoes corn dressing rice spinach green bean casserole vegetable blend

TUESDAY DINNER

ENTRÉES

RED CHILE PORK \$1.80 **CHICKEN FRIED CHICKEN \$1.80 RIGATONI & ITALIAN SAUSAGE \$1.80 BAKED SALMON \$2.70**

SIDES \$0.55/\$0.80

mashed potatoes mexican rice squash carrots corn winter blend green beans

ENTRÉES

BBQ BEEF BRISKET \$1.80 GREEN CHILE CHICKEN PASTA \$1.80 CITRUS FISH \$1.80

SIDES \$0.55/\$0.80

spicy potatoes stir fried rice green peas ranch beans green beans carrots stir fried vegetables

WEDNESDAY LUNCH

TUESDAY LUNCH

ENTRÉES

PICADILLO \$1.80 **TURKEY POT PIE \$1.80 GARLIC SHRIMP LINGUINE \$1.80 GREEN CHILE PORK STEAK \$3.60**

SIDES \$0.55/\$0.80

mashed potatoes rice primavera corn zucchini cauliflower pinto beans assorted vegetables

WEDNESDAY DINNER

Dinner 4:30-7:15



Breakfast

7:00-9:00

Lunch

11:30-1:30

Dinner

5:30-7:30

ENTRÉES

T-BONE \$7.15 CRAB CAKES \$2.70 SPAGHETTI & MEATBALLS \$1.80 **BUFFALO CHICKEN \$1.80**

SIDES \$0.55/\$0.80

baked potato corn on the cob brussel sprouts broccoli steak fries zucchini & carrots italian blend

THURSDAY LUNCH

ENTRÉES

BROCCOLI SAUSAGE PASTA \$1.80 RED CHILE BEEF ENCHILADAS \$1.80 POLLO CON MOLE \$1.80 **CRUSTED TILAPIA \$1.80**

SIDES \$0.55/\$0.80

spanish rice Sunday green beans and mexican beans spinach **Federal** stewed tomatoes **Holidays** carrots capri blend

ENTRÉES

TORTILLA BEAN CASSEROLE \$1.45

SIDES \$0.55/\$0.80 steamed rice green beans squash baked beans turnip greens vegetable blend potato casserole

FRIDAY LUNCH

ENTRÉES

BEEF FAJITAS \$1.80 POLISH SAUSAGE \$1.80 CATFISH \$1.80 **CHICKEN MARSALA \$1.80**

SIDES \$0.55/\$0.80

mexican rice corn calabacitas tuscan potatoes green peas winter blend sauerkraut

FLAUTAS \$1.80 **BBO PORK RIBS \$1.80 MANICOTTI \$1.45**

FRIDAY DINNER

SATURDAY DINNER

THURSDAY DINNER

ENTRÉES

BBQ CHICKEN \$1.80 MEXICAN PORK STEAK \$1.80 HAM CASSEROLE \$1.80 LEMON BAKED FISH \$1.80

SIDES \$0.55/\$0.80

seasoned potatoes zucchini corn spanish rice ranch beans okra & tomatoes mixed vegetables

SATURDAY LUNCH

ENTRÉES

CHICKEN STRIPS \$1.80 ASSORTED PIZZA \$1.80 **VEGETABLE FETTUCCINE \$1.45 STEAK TAMPIQUENA \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes mexican hominy green beans broccoli cauliflower peas & carrots california blend

MENU

ENTRÉES

STEAK FINGERS \$1.80 **BBO SAUSAGE \$1.80 ITALIAN BEEF PASTA \$1.80 CHICKEN CACCIATORE \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes green beans white rice spinach stewed tomatoes baked beans assorted vegetables

AUGUST 30 – SEPTEMBER

SUNDAY LUNCH

SUNDAY DINNER

ENTRÉES

TEXAS CHILI \$1.80 **CHICKEN PARMESAN \$1.80 POLISH SAUSAGE \$1.80** CITRUS FISH \$1.80

SIDES \$0.55/\$0.80 seasoned potatoes

baked beans broccoli corn & peas italian pasta sauerkraut vegetable medley



FLETC

Artesia

Café

Hours

Monday

thru

Saturday

Breakfast

6:00-8:00

ENTRÉES

CHICKEN FAJITAS \$1.80 SWISS STYLE STEAK \$1.80 TAMALES \$1.80 **FETTUCCINE ALFREDO \$1.45**

SIDES \$0.55/\$0.80

mexican rice pinto beans corn carrots zucchini cabbage assorted vegetables

MONDAY LUNCH

ENTRÉES

BAKED HAM \$1.80 CHICKEN FRIED STEAK \$1.80 PEPPERONI PASTA \$1.80 **CHICKEN & POTATOES \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes Sweet potato fries mixed vegetables green peas carrots squash green bean casserole

MONDAY DINNER

ENTRÉES

LASAGNA \$1.80 **ITALIAN CHICKEN \$1.80 SAUSAGE & PEPPERS \$1.80** PARMESAN FISH \$1.80

SIDES \$0.55/\$0.80

red potatoes peas & corn stewed tomatoes white rice squash & zucchini green bean vegetable blend

TUESDAY LUNCH

ENTRÉES

STUFFED BELL PEPPERS \$1.80 **BBO PORK RIBS \$1.80** FRIED SHRIMP \$2.70 **CHICKEN FETTUCCINE ALFREDO \$1.80**

SIDES \$0.55/\$0.80

seasoned red potatoes steamed rice spinach california blend corn asparagus baked beans

TUESDAY DINNER

WEDNESDAY DINNER

THURSDAY DINNER

ENTRÉES

POT ROAST \$2.70 FLAUTAS \$1.80 PORK CHOPS w/ ONIONS \$3.60 **CHICKEN PASTA PRIMAVERA \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes corn rice primavera broccoli cauliflower brussel sprouts vegetable mix

WEDNESDAY LUNCH

ENTRÉES

GREEN CHILE BEEF ENCHILADAS \$1.80 JAMBALAYA \$1.80 BEEF RAVIOLI \$1.80 **SOUTHWEST CHICKEN \$1.80**

SIDES \$0.55/\$0.80

spanish rice mexican beans green beans broccoli & carrots cauliflower turnip greens assorted vegetables

Lunch 11:00-1:00

Dinner

4:30-7:15



Sunday

and

Federal

Holidays

ENTRÉES

PRIME RIB \$7.15 CALAMARI \$2.70 SHRIMP FRIED RICE \$1.80 STUFFED SHELLS \$1.45

SIDES \$0.55/\$0.80

baked potato corn on the cob green beans white rice winter blend carrots stir fried vegetables

THURSDAY LUNCH

ENTRÉES

MEXICAN BRISKET \$1.80 HERB CHICKEN \$1.80 **MANICOTTI \$1.45 BAKED SALMON \$2.70**

SIDES \$0.55/\$0.80

mexican rice ranch style beans corn potato casserole broccoli zucchini & squash

ENTRÉES VEGETABLE LINGUINE \$1.45 CHICKEN POT PIE \$1.80 SPRING ROLLS \$1.80 **BEEF & BROCCOLI STIR FRY \$1.80**

SIDES \$0.55/\$0.80

stir fried rice mashed potatoes zucchini & tomatoes corn cauliflower vegetable blend cabbage

FRIDAY LUNCH

ENTRÉES

PORK CHOP SUEY \$1.80 **BEEF & BEAN BURRITOS \$1.80** CATFISH \$1.80 **RED CHILE CHICKEN \$1.80**

capri blend

SIDES \$0.55/\$0.80

mexican hominy

carrots

green beans

steak fries

okra & tomatoes

spanish rice

oriental blend

Breakfast 7:00-9:00

Lunch 11:30-1:30

Dinner 5:30-7:30

ENTRÉES

FRIDAY DINNER

SATURDAY DINNER

MEATLOAF \$1.80 CHICKEN STRIPS \$1.80 RED CHILE PORK \$1.80 FISH ITALIANO \$1.80

SIDES \$0.55/\$0.80

mashed potatoes green beans squash mexican rice louisiana beans peas & carrots assorted vegetables

SATURDAY LUNCH

ENTRÉES

PEPPER STEAK \$1.80 **TAQUITOS \$1.80** STUFFED SHELLS \$1.45 **BBQ CHICKEN \$1.80**

SIDES \$0.55/\$0.80

red potatoes white rice corn baked beans zucchini & carrots peas california blend

MENU

ENTRÉES

MEXICAN STEAK \$1.80 HAM CASSEROLE \$1.80 **CHICKEN STIR FRY \$1.80 BAKED FISH \$1.80**

SIDES \$0.55/\$0.80 chuckwagon

steak fries stir fried rice squash stewed tomatoes broccoli italian blend

EPTEMBER 6 – SEPTEMBER

SUNDAY LUNC

SUNDAY DINNER

ENTRÉES

POT ROAST \$2.70 ASSORTED PIZZA \$1.80 POLLOCK STRIPS \$1.80 PORK CUTLET \$3.60

SIDES \$0.55/\$0.80

mashed potatoes brussel sprouts zucchini corn steak fries carrots assorted vegetable



FLETC

Artesia

Café

Hours

Monday

thru

Saturday

ENTRÉES

BBQ PORK RIBS \$1.80 **VEAL \$2.70** PORK STIR FRY \$1.80 **BAKED TILAPIA \$1.80**

SIDES \$0.55/\$0.80

rice pilaf okra & tomatoes corn peas turnip greens stir fry vegetables baked beans

MONDAY LUNCH

ENTRÉES

COUNTRY STYLE STEAK \$1.80 MANICOTTI \$1.45 BAKED HAM \$1.80 HERB CHICKEN \$1.80

SIDES \$0.55/\$0.80

mashed potatoes green bean casserole broccoli fried okra rice Sweet potato fries mixed vegetables

MONDAY DINNER

PORK ROAST \$3.60

BEEF FAJITAS \$1.80

FRIED POLLOCK \$1.80

ENTRÉES

RED CHILE BEEF ENCHILADA \$1.80

SIDES \$0.55/\$0.80

spanish rice steak fries green beans pinto beans sauerkraut carrots italian blend

TUESDAY LUNCH

WEDNESDAY LUNCH

ENTRÉES

ENTRÉES

SHRIMP FETTUCCINE ALFREDO \$1.80

SWEET & SOUR MEATBALLS \$1.80

PORK STEAK w/ ONIONS \$3.60

SPRING ROLLS \$1.80

RED CHILE PORK \$1.80 STEAK TAMPIQUENA \$1.80 CITRUS FISH \$1.80

SIDES \$0.55/\$0.80

pinto beans spanish rice zucchini cabbage corn cauliflower assorted vegetables

SIDES \$0.55/\$0.80

white rice

green beans

oriental blend

mixed squash

broccoli & cauliflower

carrots

turnip greens

FRIED SHRIMP \$2.70 POLISH SAUSAGE \$1.80 FETTUCCINE ALFREDO \$1.45

TUESDAY DINNER

VEGETABLE LASAGNA \$1.45

Breakfast 6:00-8:00

Lunch

11:00-1:00

Dinner 4:30-7:15

SIDES \$0.55/\$0.80

red potatoes mexican rice corn calabacitas peas mixed vegetable stewed tomatoes

WEDNESDAY DINNER

THURSDAY DINNER

ENTRÉES

ENTRÉES

GR. CHILE CHICKEN PASTA \$1.80

RIB EYE \$7.15 COCONUT SHRIMP \$2.70 IAMBALAYA \$1.80 **CHICKEN RATATOUILLE \$1.80**

SIDES \$0.55/\$0.80

baked potato corn on the cob rice green beans carrots broccoli vegetable blend

THURSDAY LUNCH

ENTRÉES

PICADILLO \$1.80 **ROAST TURKEY \$1.80** PEPPERONI PASTA \$1.80 **BAKED SALMON \$2.70**

SIDES \$0.55/\$0.80

mashed potatoes green bean casserole pinto beans dressing spinach corn vegetable blend

ENTRÉES

BBQ BRISKET \$1.80 **SAUSAGE & PEPPERS \$1.80** STUFFED SHELLS \$1.80 **CHICKEN FRIED CHICKEN \$1.80**

SIDES \$0.55/\$0.80

potato casserole corn turnip greens stewed tomatoes brussel sprouts assorted vegetables

ranch beans

FRIDAY LUNCH

ENTRÉES

SALISBURY STEAK \$1.80 CATFISH \$1.80 **SMOTHERED BURRITOS \$1.80 CHICKEN MARSALA \$1.80**

SIDES \$0.55/\$0.80

mexican rice asparagus green beans mashed potatoes mexican beans capri blend winter blend

Breakfast 7:00-9:00

Lunch 11:30-1:30

Sunday

and

Federal

Holidays

Dinner 5:30-7:30

FRIDAY DINNER

SATURDAY DINNER

ENTRÉES

BBQ SAUSAGE \$1.80 BEEF RAVIOLI \$1.80 FLAUTAS \$1.80 **BAKED FISH \$1.80**

SIDES \$0.55/\$0.80

rice frijoles green beans o'brien potatoes peas cauliflower mixed vegetables

SATURDAY LUNCH

ENTRÉES

CORDON BLEU \$3.80 GR. CHILE CHKN ENCHILADAS \$1.80 TAMALES \$1.80 SPAGHETTI w/ MARINARA \$1.45

SIDES \$0.55/\$0.80

spanish rice pinto beans with ham spinach vegetable blend corn peas & carrots brussel sprouts

MENU

ENTRÉES

STEAK FINGERS \$1.80 **TURKEY POT PIE \$1.80** HAM CASSEROLE \$1.80 **BBQ CHICKEN \$1.80**

SIDES \$0.55/\$0.80

mashed potatoes baked beans corn zucchini stewed tomatoes broccoli italian blend